

Pain Assessment Tools

- [Pain Assessment IN Advanced Dementia \(PAINAD\)](http://www.dads.state.tx.us/qualitymatters/qcp/pain/painad.pdf) (PDF)
http://www.dads.state.tx.us/qualitymatters/qcp/pain/painad.pdf
Use this pain assessment tool to work with patients who have been diagnosed with advanced dementia.
- [Discomfort Scale for Dementia of the Alzheimer's Type \(DS-DAT\)](http://qmweb.dads.state.tx.us/Pain/DS-DAT.pdf) (PDF)
http://qmweb.dads.state.tx.us/Pain/DS-DAT.pdf
Use this tool to help identify levels of discomfort in patients with dementia of the Alzheimer's type (DS-DAT).
- [Pain Scale Determination Process](http://www.dads.state.tx.us/qualitymatters/qcp/pain/painscaledeterminationprocess.pdf) (PDF)
http://www.dads.state.tx.us/qualitymatters/qcp/pain/painscaledeterminationprocess.pdf
This tool tells you when to use the PAINAD tool or the DS-DAT tool.
- [Assessment, Reassessment and Treatment of Pain by Severity and Chronicity of Pain](http://www.dads.state.tx.us/qualitymatters/qcp/pain/SeverityChronicity.pdf) (PDF)
http://www.dads.state.tx.us/qualitymatters/qcp/pain/SeverityChronicity.pdf
This tool helps you select which drugs to administer, starting with a non-narcotic drug.
- [Faces Pain Scale](http://qmweb.dads.state.tx.us/Pain/FacesPainScale.pdf) (PDF)
http://qmweb.dads.state.tx.us/Pain/FacesPainScale.pdf
This document provides a way for patients to communicate their level of pain.
- [Pain Thermometer – Verbal Descriptor Scale](http://qmweb.dads.state.tx.us/Pain/PainThermometer.pdf) (PDF)
http://qmweb.dads.state.tx.us/Pain/PainThermometer.pdf
This tool is a visual pain thermometer that requires patients to have cognitive skills to respond.
- [Pain Assessment with the “0 – 10 Numeric” Pain Intensity Scale](http://geriu.org/uploads/painDVD/AdditionalMaterials/ZeroToTenPainScale.pdf) (PDF)
http://geriu.org/uploads/painDVD/AdditionalMaterials/ZeroToTenPainScale.pdf
This document provides a way for a patient to assign a number to describe the severity of their pain.
- [Thermometer Pain Scale – With Faces](http://www.dads.state.tx.us/qualitymatters/qcp/pain/ThermometePainScale.pdf) (PDF)
http://www.dads.state.tx.us/qualitymatters/qcp/pain/ThermometePainScale.pdf
This is another version of a pain scale thermometer that allows a patient to assign a number to describe the severity of their pain.
- [Thermometer Pain Scale – Without Faces](http://qmweb.dads.state.tx.us/Pain/lowaPainThermometer.pdf) (PDF)
http://qmweb.dads.state.tx.us/Pain/lowaPainThermometer.pdf
This is another version of a pain scale thermometer that allows a patient to assign a number to describe the severity of their pain.
- [Pain: Nursing Home Communication with Physician Pain Management](http://primaris.org/sites/default/files/resources/Pain/pain_nursing_home_comm_w_physician_final.pdf) (PDF)
http://primaris.org/sites/default/files/resources/Pain/pain_nursing_home_comm_w_physician_final.pdf
This two-page form allows a nursing home to provide detailed information to a physician regarding a resident's pain.
- [Pain: Organizational Commitment to Pain Management in Your Facility](http://primaris.org/sites/default/files/resources/Pain/pain_organizational_commitment_flow_final.pdf) (PDF)
http://primaris.org/sites/default/files/resources/Pain/pain_organizational_commitment_flow_final.pdf
Pain management flow sheet for staff use.

Pain Assessment Websites & Resources

- [American Academy of Pain Management website](http://www.aapainmanage.org/) http://www.aapainmanage.org/
- [American Geriatrics Society website](http://www.americangeriatrics.org/) http://www.americangeriatrics.org/
- [American Society for Pain Management Nursing website](http://www.aspmn.org/) http://www.aspmn.org/
- [Geriatric Pain website](http://www.geriatricpain.org/Pages/home.aspx) http://www.geriatricpain.org/Pages/home.aspx
- [Lippincott's Nursing Center website](http://www.nursingcenter.com/Inc/cearticle?tid=799083) http://www.nursingcenter.com/Inc/cearticle?tid=799083
- [The Politics of Pain: Balancing Vigilance and Compassion \(PDF\)](http://texaspain.org/Docs/PoliticsofPain2007TXPI.pdf) http://texaspain.org/Docs/PoliticsofPain2007TXPI.pdf
- [Texas Pain Society website](http://texaspain.org/) http://texaspain.org/