

## **Military Service Information Tool**

*Combat and operational stress injuries are subtle physical changes in the brain. They occur when stress is too intense or lasts too long. These injuries affect the brain's ability to handle and adapt to stress, sights, sounds, movements and memories. Many of our residents re- experience this stress.*

*Combat and operations stress is defined as "The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Veterans who have been exposed to stressful events in war or military operations other than war. - DoD Dictionary of Military Terms*

Name: \_\_\_\_\_

Branch of service: \_\_\_\_\_

Service dates: \_\_\_\_\_

Commissioned \_\_\_\_\_ Enlisted \_\_\_\_\_ Drafted \_\_\_\_\_

Highest rank: \_\_\_\_\_

Please list your medals or special honors: \_\_\_\_\_

Any lost time or demotions? Explain: \_\_\_\_\_

Unit, Division, Battalion, Group, Ship, etc.? \_\_\_\_\_

Service duties (be specific): \_\_\_\_\_

Duty stations: \_\_\_\_\_

War and/or conflict served in: \_\_\_\_\_

Postive military memories? Explain: \_\_\_\_\_

Combat or service related injuries (emotional or physical) Were you a POW? \_\_\_\_\_

Medical issues related to your military service (emotional or physical)? \_\_\_\_\_

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Medical Diagnosis of PTSD, Mood Disorder, Anxiety Disorder, etc? Yes \_\_\_\_ No \_\_\_\_

If yes, please explain:

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Do you talk about your military service to others? Yes \_\_\_\_ No \_\_\_\_

Trouble falling asleep? Yes \_\_\_\_ No \_\_\_\_

Difficulty staying asleep? Yes \_\_\_\_ No \_\_\_\_

Experience nightmares? Yes \_\_\_\_ No \_\_\_\_

Feel uncomfortable in crowds? Yes \_\_\_\_ No \_\_\_\_

Insist you sit with your back towards a wall? Yes \_\_\_\_ No \_\_\_\_

Does anything upset/trigger you to remember your military experiences? (Ex: If so, please describe in as much detail as possible:

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Are there any behaviors we need to be aware of? (Ex: verbal/physical outbursts, crying, needing to sit in certain areas, yelling, easily startled, panic attacks, hiding, escaping, etc.)

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**VETERANS LAND BOARD**  
Are there military memories we should be aware of to provide the best care possible?

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What did you do after the military?

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